



ARLINGTON STREET CHURCH, UNITARIAN UNIVERSALIST

Boston, Massachusetts
tinyurl.com/ASCZoom (video)
or (929) 436-2866 (phone)
[Meeting ID: 895 886 6876]

SUNDAY, JULY 20, 2025

PRELUDE

Improvisation Andrew Stack (he/him), piano

WELCOME & GREETINGS Lucy Humphrey (they/them)
Patrick Cooleybeck (he/him) Worship Coordinator

INTROIT

You've Got a Friend *Carol King* (b. 1942)
Andrew Stack, piano & singing

When you're down and troubled
And you need some lovin' care
And nothin', nothin' is goin' right
Close your eyes and think of me
And soon I will be there
To brighten up even your darkest night

You just call out my name
And you know, wherever I am
I'll come runnin'
To see you again
Winter, spring, summer or fall
All you have to do is call
And I'll be there
You've got a friend

If the sky above you
Grows dark and full of clouds
And that old north wind begins to blow
Keep your head together
And call my name out loud
Soon you'll hear me knockin' at your door

**You are invited to stand as you are willing and able.*

You just call out my name
And you know, wherever I am
I'll come runnin', runnin', yeah, yeah
To see you again
Winter, spring, summer or fall
All you have to do is call
And I'll be there, yes, I will

Now, ain't it good to know that you've got a friend
When people can be so cold?
They'll hurt you, yes, and desert you
And take your soul if you let them
Oh, but don't you let them

You just call out my name
And you know, wherever I am
I'll come runnin', runnin', yeah, yeah
To see you again
Winter, spring, summer or fall
All you have to do is call
And I'll be there, yes, I will
You've got a friend
You've got a friend

Ain't it good to know you've got a friend
Ain't it good to know, ain't it good to know
Ain't it good to know
You've got a friend
Oh, yeah, now, you've got a friend
Yeah baby, you've got a friend
Oh, yeah, you've got a friend

OPENING WORDS & CHALICE LIGHTING Lucy Humphrey

The flaming chalice is the symbol of our free faith.

***HYMN #108**

My Life Flows on in Endless Song *Robert Lowry*

My life flows on in endless song above earth's lamentation.
I hear the real though far-off hymn that hails a new creation.
Through all the tumult and the strife I hear the music ringing.
It sounds an echo in my soul. How can I keep from singing!

What though the tempest 'round me roars, I know the truth, it liveth.
What though the darkness 'round me close, songs in the night it giveth.
No storm can shake my inmost calm while to that rock I'm clinging.
Since love prevails in heav'n and earth, how can I keep from singing!

When tyrants tremble as they hear the bells of freedom ringing,
when friends rejoice both far and near, how can I keep from singing!
To prison cell and dungeon vile our thoughts to them are winging;
when friends by shame are undefiled, how can I keep from singing!

COMMUNITY CANDLES OF SORROW & JOY

Sanctuary *John W. Thompson* (b. 1950) & *Randy Scruggs* (1953–2018)
adaptation: *Crawford Harvie/Buckles*
arrangement: *Mark David Buckles* (b. 1980)

Open my heart to be a sanctuary
All made holy, loved, and true
With thanksgiving, I'll be a living
Sanctuary for you

*To have your candle of sorrow or joy read during the service,
please submit it in advance at tinyurl.com/ASCCandle.
During the service, candles are welcome in the Zoom chat.*

To reach a member of the Pastoral Care team, please email Care@ASCBoston.org.

AFFIRMATION & COVENANT

Love is the spirit of this congregation, and service is our gift.
This is our great covenant: to dwell together in peace,
To speak our truths in love, and to help one another.

*HYMN #1014

Standing on the Side of Love..... *Jason Shelton* (b. 1972)

The promise of the Spirit:
faith, hope and love abide.
And so ev'ry soul
is blessed and made whole;
the truth in our hearts is our guide.

Chorus:

We are standing on the side of love:
hands joined together as hearts beat as one.
Emboldened by faith, we dare to proclaim
we are standing on the side of love.

Sometimes we build a barrier
to keep love tightly bound.
Corrupted by fear,
unwilling to hear,
denying the beauty we've found.

Chorus

A bright new day is dawning
when love will not divide.
Reflections of grace
in ev'ry embrace,
fulfilling the vision divine.

Chorus**SERMON**

Worth & Dignity Lucy Humphrey

SILENT REFLECTION, MEDITATION & PRAYER**ANTHEM**

Lean on Me..... *Bill Withers* (1938–2020)
Andrew Stack, piano & singing

Sometimes in our lives
We all have pain,
We all have sorrow.
But if we are wise
We know that there's
Always tomorrow.

Chorus:

Lean on me when you're not strong
And I'll be your friend, I'll help you carry on,
For it won't be long 'til I'm gonna need
somebody to lean on.

Please swallow your pride
If I have things
You need to borrow,
For no one can fill
Those of your needs
That you won't let show.

Bridge:

Just call on me brother when you need a hand.
We all need somebody to lean on.
I just might have a problem that you'd understand.
We all need somebody to lean on.

Chorus

Bridge

If there is a load
you have to bear
that you can't carry,
I'm right up the road,
I'll share your load
if you just call me.

OUR SHARED RESPONSIBILITY

It's up to us to finance the beloved spiritual community we want to create! Today, we invite you to be part of Arlington Street's story of devotion, innovation, and transformative generosity.



WAYS TO GIVE

1. Scan the QR code
2. Visit tinyurl.com/GiveASC
3. Search @ArlingtonStreet on Venmo (Charities)
4. Text the word "GIVE" to (617) 300-0509
5. Mail a check to Arlington Street Church

If you would like to give regularly, you can set up automatic payments at tinyurl.com/GiveASC or by contacting Liz Teixeira Treasurer@ASCBoston.org. We encourage you to provide now for a future gift to Arlington Street by remembering the church in your will. Thank you for helping to ensure a robust future for our beloved spiritual community!

OFFERTORY

Improvisation..... Andrew Stack, piano

*HYMN #153

Oh, I Woke Up This Morning..... *African American Spiritual*

Oh, I woke up this morning with my mind stayed on freedom.
Woke up this morning with my mind stayed on freedom.
Woke up this morning with my mind stayed on freedom,
Hallelu, Hallelu, Halleluia.

I was walking and talking with my mind ...

I was singing and praying with my mind ...

Oh, I woke up this morning with my mind ...

BENEDICTION & EXTINGUISHING THE CHALICE

Prayer of the Farm Worker's Struggle *Cesar Chavez*

RECESSIONAL

Where You Go (I Will Go) *Shoshana Jedwab* (b. 1964)
arrangement: *Mark David Buckles* (b. 1980)

Where you go I will go, beloved
Where you go I will go
Where you go I will go, beloved
Where you go I will go

For your people are my people
Your people are mine
Your people are my people
Your divine, my divine

POSTLUDE

Improvisation..... Andrew Stack, piano



*Out of respect for Arlington Street Church members and friends who are Jewish,
we follow the tradition of not spelling out G-d's name.*



Arlington Street Staff Directory

Rev. Parisa Parsa (she/her) • Senior Minister (SeniorMinister@ASCBoston.org)
Mark David Buckles (he/him) • Director of Music (MBuckles@ASCBoston.org)
Jeff Fogleman (he/him) • Congregational Administrator (Office@ASCBoston.org)
kel alford (she/her) • Student Minister (StudentMin@ASCBoston.org)



This Week at Arlington Street ~ You Are Invited!

SUNDAY, JULY 20

11:00 am ~ Sunday Service (Sanctuary & Zoom)

12:00 pm ~ Coffee Hour (Chapel & Zoom)

MONDAY, JULY 21

12:00 pm ~ Monday Mettā (Zoom)

4:00 pm ~ Poems to Go On (Zoom)

TUESDAY, JULY 22

6:00 pm ~ Buddha's Belly (Zoom)

7:00 pm ~ Arlington Street Meditation Room (Zoom)

WEDNESDAY, JULY 23

5:00 pm ~ Tea with the Ministers (Zoom)

Prompt: What's one of the goofiest things you ever did unexpectedly?

6:00 pm ~ Kundalini Yoga (Zoom)

THURSDAY, JULY 24

5:00 pm ~ Arlington Street Writes (Zoom)

SUNDAY, JULY 27

11:00 am ~ Sunday Service (Sanctuary & Zoom)

12:00 pm ~ Coffee Hour (Chapel & Zoom)

For details and Zoom links for these events and more,
please visit ASCBoston.org.



Arlington Street Prudential Committee

The Prudential Committee is Arlington Street's elected, governing board.
"The Pru" is joined by Stephen Anable (Clerk) and Liz Teixeira (Treasurer)
in conducting the business of the church.

Sandy Dixon, Co-Chair

Kelly Anne Weaver, Co-Chair

Dawn Bellamo

Bill Briggs

Cathy DeMatto

Hala Hazar

Art Nava

Laura Pattison

Darrell Waters

We welcome your questions
and suggestions at Pru_Chair@ASCBoston.org

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